

CARMEL SCHOOL, PEYAD

ABOUT OUR SCHOOL 2019-20

“If you educate a man you educate an individual, but if you educate a woman you educate a nation”

Carmel School has always been committed to create an environment in the campus, which help the young girls to blossom and provide a platform for individual thinking and holist development of the child’s personality. Our vision is to provide a life oriented education that is humanizing and liberative, enabling the students to be socially conscious and justice oriented. Empowerment of the poor and the marginalized will be a priority and respect for God’s creations are fostered. The trust is on the light of the “Civilization of Love” as envisaged and promoted by our Founder Mother Teresa of St. Rose of Lima.

This report gives you a glimpse of the achievements that have done us proud.

The year began with a humble sense of fulfilment with the meritorious results procured by our Class X students. The school secured 100% results in Class X board examination for the academic year 2018-19.

- 71 Students appeared for the AISSE 2018-19
- School secured 100% pass with 5 full A1 holders, 66 distinction out of which 42 students scored above 90%, 24 distinction and 5 First class.

School Toppers

Gowri S - secured 97.2% (100% in Social science and A1 in all subjects),
Lekshmy K Jayasoorya - secured 97.2% (100% in Mathematics and A1 in all subjects)

Gowri Gopan Puthusseri - secured 97.2% (A1 in all subjects)

Subject Toppers

Neha Robinson	- 100% in English
Lekshmy K Jayasoorya	- 100 % in Mathematics
Adila S	- 100% in Mathematics
Khadeeja M	- 100% in Social Science
Gowri S	- 100% in Social Science
Anaswara A K	- 99/100 in Malayalam
Jyothika A B	- 98/100 in Hindi
Meera Sofia	- 97/100 in Science and scored A1 in all subjects

The institution continues its successful stride in the path of excellence moulding responsible and worthy young ladies year after year. In addition to excellent infrastructure for classroom learning we have a very dedicated and well qualified body of teaching staff who are innovative, enthusiastic and committed to delivering high quality teaching. The present student strength from class I to XII is 1012 with 42 teaching and 29 non-teaching staff members.

To hone the skills and talents in students, they are divided in to four houses. We have a student council with representatives from each section.

EVENTS 2019-20

Pravesanolsavam - The school celebrated Pravesanolsavam on 6th June 2019, to mark the commencement of the new academic year. The anticipations of the new year gave way to exciting possibilities and opportunities. The students were given the warmest welcome with sweets and flowers by the school principal Sr.Lissi A P.

World Environment Day – We celebrated the World Environment Day at school. A special assembly was organized by the Bhodhi Eco Club members dedicated to Nature conservation. Oath taking and various other programmes were conducted to create an awareness on the importance of the day. The Principal Rev. Sr. Lissi A P distributed Saplings and also spoke on the relevance of the day. The Eco-club members of class VIII were taken for an exhibition at Balavihar regarding Environment Day. Shri. T P Sreenivasan IFS planted a sapling in the school campus and spoke about our role in protecting nature. The Seed Club members distributed saplings to all students as part of the celebration.

Vijayotsav 2019 - The prize distribution ceremony to honour the meritorious students of class X AISSE 2018-19 was held at the school on 19th June 2019. Shri. T P Sreenivasan IFS presided over the function as the chief guest. School principal Rev. Sr.Lissi A P welcomed the gathering. In her welcome address she applauded the efforts of all prize winners. The parents of the winners were also invited to grace the occasion. The prizes were distributed by the chief guest Shri. T P Sreenivasan IFS and Rev.Sr. Renita, Director Carmel Schools. The function ended with the Vote of thanks followed by the National Anthem.

International Yoga Day – The 5th International Yoga Day based on the theme ‘Climate Action’ was celebrated on 21st June to bring peace, harmony, happiness and success to every soul in the world. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. Children got the chance to know how yoga embodies unity of mind and body.

Vayanadinam 2019 - To encourage and foster reading habits among students, Carmel School Peyad celebrated Vayanadinam 2019 . Dr. Aryambika, a very renowned writer and Asst. Prof. Dept. of Sanskrit, Maharajas College, Thiruvananthapuram, presided over the function as the chief guest. She spoke about the importance of reading and how it influences ones personality. A chain of competitions were conducted as part of vayanavaram from June 19 - June 25th. Students participated actively and the winners were awarded with certificates.

School Investiture Ceremony 2019 - The School Council Swearing Ceremony was held at the school on 27th June 2019 with great zeal and zest. Principal Rev.Sr. Lissi A P graced the occasion, making the student representatives to take the oath. The new house leaders and the teacher representatives of each house were also elected. The new senate members were invested with their portfolios. Gowri S was elected as School Leader, Devi Nandhana J as the Deputy Leader and Berakah P Tennyson as Sports Captain.

Carmel Day/Talents Day - School celebrated Carmel Day cum Talents Day on 16th July 2019.The program was blessed by Rev.Fr. Shaji D Savio, Manager St.Xaviers School Peyad, Ms.Mahalakshmi Cine Artist was the celebrity guest. She did the inauguration of the various club's. Principal Rev. Sr. Lissy A P welcomed the gathering. A wide array of cultural programs was conducted as part of the celebration.

Annual Sports Meet 2019 - The much awaited Annual Sports Meet 2019 was held on Saturday 3rd July, at the University Stadium. The stadium was overflowing with excitement and zeal. Smt. Jincy Philip, Olympian and Silver medalist of Asian Games presided over the function as chief guest. The School's Principal Rev. Sr. Lissi A P, Staff Secretary Mrs. Beena Antony also graced the occasion. The day was fun-filled and students were in high spirits.

Hiroshima Day - The Hiroshima Day was observed, on 6th August 2019. A special assembly promoting peace was organised by the class VII students. Anaswara A S of class VII B delivered a speech. It was followed by a special peace song by the school choir. Principal Rev.Sr. Lissi A P addressed the students and emphasised the need to set up peace activities.

73rd Independence Day - 73rd Independence Day was celebrated with pomp and zeal. Students assembled on the school ground at 7:30 am. The principal unfurled the national flag. This was followed by our National Anthem sung by the school choir. Rev.Sr.Lissi A P, the Principal addressed the gathering. She spoke about the significance of the historic day, and urged the students to become model citizens. She also reminded us of the struggles of our freedom fighters and paid tribute to them. The programme ended with the distribution of sweets.

KARME KOUIZ' 2019 - As part of the 73rd Independence Day celebration, the school hosted an Inter-school Quiz competition - KARME KOUIZ' 2019 on 17th Aug. The programme was based on National Integration and Mr. Prabhath M was the Overall Incharge of the competition. 16 schools from various parts of the city participated in the event. Farhan S and Adarsh Sudheer from Santhiniketan School , Kunumpuram emerged winners . They received a cash award of Rs.5000/- and certificates. Adwait M Prasanth of Janardhanapuram Higher Secondary School, Ottashekaramangalam bagged the Second Prize winning a cash award of Rs.3000/- and certificates. The Third position was secured by Anirudh R and Charan Chand of MGM Public School, Aakulam. They received a cash prize of Rs. 2000/- and certificates. The prizes were distributed by the famous Journalist and Historian Sri. Malayinkeezhu Gopalakrishnan. The quiz was very informative and knowledge enriching for the participants as well as for the audience. The students displayed ecstatic spirit and enjoyed the quiz to the fullest.

Teachers Day- Teachers Day was celebrated in the school on September 5, 2019 and the celebration began at 8:30 am in the school auditorium. The program was lead class XI students. Rev Sr.Lissi A P, Principal addressed the gathering. Teachers were welcomed with lighted candles. The day was a treat by the students, for the teachers, organised under the guidance of the Principal .On behalf of the students, school head girl Ms.Gouri S , expressed her gratitude and appreciation for the teachers on the day. Games and the Sadhya, added flavour to the enjoyment of the day.

Onam 2019 - 06 September 2019 brought alive the culture and tradition of Kerala,as Carmel School Peyad celebrated the harvest festival "Sravanolsavam 2019".The celebration was inaugurated by Sri. Rajeev Gopalakrishnan, a famous dramatist and Journalist. The school was decorated with floral carpet and the campus was filled with every different hue of the rainbow- everyone was dressed for Onam! A wide array of entertainment programs followed as part of the celebration. Rev Sr. Lissi A P did the presidential address. Students arranged a Food mela to raise fund for charity.

Gandhi @ 150 - The 150th Gandhi Jayanthi celebrations were held in school. A special assembly was conducted by the students. During the programme students shared the anecdotes from Gandhiji's life which were inspirable to all. There was a display performance by all the four houses. Students and teachers actively participated in the celebration. The programs gave everyone an insight into Gandhijis struggle for freedom and reminded us of our duties to our great nation.

A Tribute to Grandparents - Grandparents are the foundation of our lives and are the roots of our families. As a tribute to grandparents, our school celebrated Grandparents Day on 15 October 2019. Mr.Vinu Abraham, renowned Script Writer and former Editor of The Week , graced the occasion as the chief guest. Our Principal

Rev.Sr.Lissi A P spoke about the role of grandparents, in the growth and development of each child, during the felicitation. Nearly 300 grandparents attended the function. Children entertained them with dance ,music and a variety of games.They enjoyed and actively participated in it. Prizes were distributed to the winners.The senior most member was honoured with a Ponnada. the best and active grandparent of the day was also selected. Students were excited to see their grandparents enjoy themselves in school.

Wellness - To promote healthy food habits, the KG Section kids of Our School conducted Healthy Go Wealthy on 4th Nov 2019. It was inaugurated by the Principal Rev.Sr. Lissi A P in the presence of teachers and students. The aim of the event was to introduce the habit of consuming healthy as well as tasty food. There were a display of various fruits and other delicious, everything done by the students. The event was really inspiring and informative. Principal congratulated teachers, parents and students who worked behind this.

Children's Day - Every child is a different kind of flower, and all together, make this world a beautiful garden. Children's Day is celebrated to commemorate the healthy growth and happiness of children. Our school celebrated its children's day in the school Auditorium on 14 november. Dr.G.V.Hari, a prolific writer and Chairman, Jawahar Balavedi was the chief guest. Sr.Lissi A P, Principal, presided over the function. In honor of our beloved Prime Minister Pandit Jawaharlal Nehru, a special assembly was conducted as part of the Children's Day Celebrations. The programme began with prayer, dance and tributes to Chacha Nehru. Various activities and events were organized .The teachers took on the stage and put up a fashion show. They were dressed up in traditional attire bringing variety. The children were very excited and felt appreciated and loved.

Healthy Life Style - A session on sex education for students of classes 8-12 was conducted on 28 November in the school auditorium at 10am. Dr.Subhalakshmi, Gynaecologist ,Ananthapuri Hospital ,Tvpm was the resource person. She spoke to the students about basic health facts, problems related to puberty, stress among students, personal hygiene, life style diseases etc. she shared a few experiences related to teenage issues. The session was highly informative and interesting.

Advanced Learning Solutions – To promote interest and excellence in learning science, Talentspire, has developed and conducted a tab based learning model for senior secondary students with animated videos on all the NCERT topics in science and maths. Dr. Laji Varghese, the resource person spoke on 'Mindful Learning'. Dr. Abraham George, spoke about technological solutions for learning and advanced problem solving methods.

Christmas 2019 - Christmas brings cheer and love and Our school celebrated *ESPERANZA 2019* on 20th December 2019 with the same fervour, spreading the message of love and joy among our children. The school was decorated with Stars, X-mas tree and Crib. Rev. Fr. Dr. Dyson Yesudas was the chief guest. Rev .Sr. Lissi A.P welcomed the gathering. Our KG angels danced to joyful tunes. Everyone danced and enjoyed to the exciting music. The significance of the festival was explained to the students through the skit. There were carols presented by our teachers as well as the helping staff. A wide array of cultural programs followed. To inculcate the spirit of sharing everyone exchanged X-mas gifts. The entire school vibrated with echoes of the celebration.

MOMME 2020 - As part of the new year celebration, Our School celebrated "*MOMME 2020*" - Mother's Day, to celebrate the true essence of a mother on Jan 4, 2020, in the school precincts with the active participation of mothers and their children. Nearly 200 mothers participated in the event. Principal, Rev.Sr.Lissi A.P, shed light on the pivotal role of a mother in every child's life. A talk on good parenting was also organized as part of the program. Psychologist Dr.Vipin V Roldant, Chief Consultant Psychologist, Sunrise Hospital, Kochi was the resource person. He spoke on parents' role in the effective bringing up of their children and how to deal with their emotional tantrums. There was also a session on Robotics by Mr.Rajasekharan Harikeshavan, Global Director, STEM Robotics Academy Internationals. A cultural program followed by a lucky draw to find the lucky mom was also organized as part of the celebration.

VISTAS 2020 - Our School celebrated its annual day VISTAS 2020 with great elation and gusto on January 28 , 2020 at the school auditorium. Mr .Manoj Abraham IFS, ADGP, Kerala Police was the chief guest for the event. He was given a floral welcome before he inaugurated the programme. Rev.Sr.Renita , Director, Carmel schools presided over the function. Gowri S, the school leader welcomed the gathering. Principal, Rev.Sr.Lissi A P, presented the Annual Report. She made the audience aware of the school's achievements in academics and co-curricular arenas. Prizes were given away to the toppers and other students who had brought laurels to the school in various competitions and contests. The talented students presented mesmerizing cultural events such as dances, plays, music etc. The audience comprising of the parents and guests was captivated by the enchanting performances of the students.

CLUB ACTIVITIES

Dhwani Club – As part of Vayanadinam celebrations the Literary club Dhwani conducted a wide range of competitions for classes I to XII. The competition included Storytelling, Recitation, Hand Writing, Story Writing, etc. for smaller classes, while the senior students had Elocution, Extempore, Recitation, Story Writing, Essay

Writing, Versification etc. Students participated enthusiastically. Winners were awarded with medals and certificates.

Sahayahastham Club – The Sahayahastham team of Carmel School Peyad, along with Rev. Sr. Lissi A P (Principal), Mrs. Beena Antony (Staff Secretary), Mrs. Nirmala M (co-ordinator) visited to a relief camp at Valiathura and donated sheets and other stationary items on 28th June.

As part of our onam celebration the club member collected ‘Onapudava’ from students and was distributed to the grandmothers in the nearby locality as a token of our love.

The club members along with Principal Rev. Sr. Lissi A P, Staff Secretary Mrs. Beena Antony, Co-ordinator Mrs. Nirmala M, Teachers Mrs. Deepthi S R, Mrs. Namitha N S, Mrs. Suja S visited Hope Charitable Trust Old Age Home at Andoorkonam on 07th September and spent some quality time with the inmates and provided them necessary materials.

As part of our Christmas celebration, the club members along with Principal Rev. Sr. Lissi A P, Sr. Archana, Staff Secretary Mrs. Beena Antony, Co-ordinator Mrs. Nirmala M visited Sanctamaria Convent Home for the aged women at Pattom on 18th December and spent some quality time with the inmates and provided them necessary materials.

Bodhi Club – The club has launched a new programme, Time to plant, to welcome the monsoon as part of its greening urban spaces campaign. Students and teachers of Tree walk team from Bodhi Nature Club participated in the programme at Kanakakunnu Palace grounds on June 21st. The concept behind greening urban spaces is to assure proper care and maintenance of saplings till they grow into trees and are able to deliver all ecological services overcoming vicissitudes of weather and developmental projects. This programme is connected to the ongoing greening process to increase plant diversity at Kanakakunnu Palace. Staff Secretary Mrs. Beena Antony, Teachers Mrs. Jyothi Hari, Mrs. Deepthi S R, Mrs. Nirmala M and Mrs. Suma Thomas led the students in the extracurricular project time with nature. Tree walk coordinator Mrs. Anitha S and Mr. Aravind Balakrishnan, Range Officer at Forest HQ, introduced the programme to the participants. Mr. Prakash Gopinath (Indus Cycling Embassy) and Mr. Sajeev S J (Kerala, My Own Country) support the programme, besides Tree Walk members. Students and other participants planted 30 saplings of neem, gooseberry, Indian bullet tree and guava. Tree Walk intends to monitor the growth and care of saplings, besides carrying on with the greening drive in other spaces in the city.

Pythrukam Club – As part of the club activity the team conducted a wide range of programmes related to the Kerala Culture and tradition during the onam celebration. Competitions like Floral Carpet, Vanchipaattu, Onapaattu, Koythupaattu, Maveli mannan etc. gave an idea to the new generation about the true essence of their land.

Heritage Club - In connection with Heritage week the students of Carmel School Peyad organised a mini exhibition 'Keralathanima' focusing on the traditional food, medicine, art & craft etc. It was with the purpose of creating awareness among the youngsters to protect Mother Earth. The event was inaugurated by the school principal Rev. Sr. Lissi A P, Staff Secretary Mrs. Beena Antony coordinated the program. Students from all the classes (1st to 12th) participated class wise. Students were taken to see the exhibits.

Suraksha Club - Safety Our Priority - To educate students and teachers that safety of children and the staff in school is of utmost priority ,a fire safety demonstration drill was conducted in the campus by a group of police officials from Fire and Rescue Team ,Kattakada station . Various preventive measures that one must follow during a fire breakout scenario were also discussed in detail with students of grades 6-11.